



# **YMCA** Advocacy Day at the **Berry Hill Mansion**

700 Louisville Road  
Frankfort KY 40601  
(502) 564-3000

Please join us for breakfast and get  
to know your local YMCA.

**Thursday, March 4, 2004**  
8:30-11:30a.m.

**Discover how the YMCA is meeting  
the needs of your constituents with:**

**Childcare**

**Teen Outreach**

**Youth Leadership Training**

**Family Activities**

**Adaptive Programs**

**Model Legislative Session & Supreme Court**

**Global Citizenship and International  
Programs**

**Senior Services**

**Head Start and Pre-school**

**Welfare to Work Programs**

**Other Social Services**

*For more information please contact the Kentucky  
YMCA Youth Association at (502) 227-7028 and  
check the Kentuckiana Alliance of YMCAs at the  
following Web site address: [www.kyianaymcas.org](http://www.kyianaymcas.org)*



# Did you know?

## YMCAs in *Kentucky*...

### **Serve all incomes, all ages, all abilities**

YMCAs commit their resources to offering programs that increase the quality of life for all people regardless of their age, faith, race, background, income or ability. Financial assistance ensures everyone has the opportunity to become involved at a YMCA regardless of their ability to pay.

**Total Constituency in 2002- 437,791**

### **Respond to community needs**

YMCAs provide programs that build strong kids, strong families and strong communities. YMCA programs are a unique service to the community because they include: values, leadership development, partnerships, philanthropy and volunteerism.

**Total YMCAs in 2002- 36**

### **Reach children, youth and teens during non-school hours**

YMCAs offer quality, affordable infant, pre-school and after-school childcare which provide a solid foundation for positive growth. During non-school hours, children benefit from the development skills and character values woven into YMCA youth sports, leadership clubs and other programs.

**Pre-K through High School-219,126**

### **Promote Community health and wellness**

Founded in 1851, the YMCA has been committed to physical fitness and wellness for more than 150 years. It remains a vital program component in 2004 to help overcome today's adult and childhood obesity/public health epidemic.

### **Partner with neighborhood organizations**

YMCAs work in collaboration with juvenile courts, school systems, public housing authorities, hospitals, government agencies, other nonprofits, universities and other community groups.

### **Belong to the community**

YMCAs are volunteer founded, volunteer based and volunteer led. YMCA programs work, because people invest their time, talent, treasure and trust into them. A true volunteer-based organization, all revenue remains in the YMCA and all assets belong to their communities.

**2002 Volunteers- 34,715**

### **Live their mission every day**

The federal government recognizes the YMCA as a charity because its programs exist for community benefit, not for personal gain. YMCAs are guided by the mission that helps people develop in spirit, mind and body—all of which are needed for wholesome lifestyles.

